

	Learning Objective	Activity Example	Assessment Criteria
Collaboration Skills	Students will learn to coordinate with each other, influence and encourage others through group practices, games, competitions and group cooperation.	<p>Attack The Castle- Dodgeball</p> <p>Divide the Students into two teams. Attackers and protectors. One player from the protectors must be named King/Queen. Put each team either side of dodge ball, while the attackers hold onto the balls on their side called 'the castle'. Attackers must then throw the balls towards the King/Queen while the protectors must make sure King/Queen is not hit. The party host must throw any balls that enter the castle back towards the attackers. The castle loses when the King/Queen is hit 3 times.</p>	<ul style="list-style-type: none"> • Cooperate and share with others • Cooperate with partners during practice and exercise team spirit • Help partners solve difficulties
Communication Skills	<p>Students will learn the skills of communicating with others through group practices and competitions.</p> <p>They will then be able to express their own feelings verbally and non-verbally in a clear and appropriate way.</p>	<p>Obstacle Course Relay- Ages 5-10</p> <p>Each child must stand in front of an obstacle (X max) – dependable on how many stages. Starting from the beginning each child must complete their obstacle and touch hands with the next person waiting to run their obstacle. A child can only run their obstacle when their hand is hit.</p> <p>Time each team to see who can run it the fastest. See Example 2</p>	<p>Understand and follow the instructions of teachers.</p> <ul style="list-style-type: none"> • Respond to the verbal instruction of teachers in appropriate ways. • Communicate with partners during practice. • Express views and feelings in clear and appropriate ways. • State views with sincerity
Creativity	Students will demonstrate their creativity, the required attitude and special quality through exploration and experiencing	In groups of 3 to 4 create a dance/gymnastics	<ul style="list-style-type: none"> • Create movement sequences. • Give suggestions to make the

	<p>activities through developing a dance routine, imitating the movements of robots or animals by means of walking, running, jumping, rolling and balancing.</p>	<p>routine on the AirTrac floor in the multi-sports pitch.</p> <p>Each group will perform the routine in front of the other groups.</p>	<p>activities more interesting.</p> <ul style="list-style-type: none"> • Make flexible use of and improve learnt movements for better performance.
<p>Critical Thinking Skills</p>	<p>Students will sum up and analyse through self and peer assessment, demonstrations, competitions, etc, to develop critical thinking skills.</p> <p>For example, how to give hints to classmates to improve their skills or remedy their weaknesses.</p>	<p>Catch Me If You Can – Ages 5-13</p> <p>Two children at a time take position either corner of the pitch. Dribbling the ball between the cones while chasing each other. The first to tag the other person is the winner and another person takes the losers place. Continue the game until everyone has had a go.</p> <p>See Example 3</p>	<ul style="list-style-type: none"> • Point out mistakes and propose methods of improvement. • Predict the result of competitions and explain the reasons. • Understand the simple and direct relationship of cause and effect. • Sum up the merits and weaknesses of self and others.
<p>Aesthetic Appreciation</p>	<p>Students will develop aesthetic sensitivity through participation in different modes of practice, competition and related activities.</p> <p>For example, how to appreciate the merits of others, and express the elements of elegant postures, movements, etc.</p>	<p>Move and Groove (Main Trampolines)</p> <p>Split into groups of 4.</p> <p>Two people from each group takes it in turns to do a different basic Trampoline Movement i.e. Seat Drop, Tuck jump, Star Jump, Tuck Back, Swivel Hips, Front Drop, half turn and full turn.</p>	<ul style="list-style-type: none"> • Appreciate elegant postures. • Point out the merits and weaknesses of movements and poses. • Express feelings and moods flexibly and fluently.